



Wound Care Instructions: LEG WOUND ADDENDUM

This document provides additional instruction for your surgical wound on the lower leg. This is provided in addition to your primary wound care instructions.

Please note, wounds on the legs (sutured or second intent healing) take much longer to heal than wounds on other parts of the body. This is because lower legs have compromised circulation.

For the first month wear compression (ace bandage or compression sock) over the bandage whenever you are on your feet for more than 5 minutes.

- **Wrap from the middle of your foot to just above the wound**
- **Keep the leg wrapped when around the house, running errands, exercising**
- **Unwrap the leg before going to bed**