



Post Biopsy Wound Care

Daily Wound Care (Repeat Once Daily)

1. **Clean the site.** Gently wash with mild soap and water, or use a cotton-tip applicator moistened with saline to remove any dried crust.
2. **Apply ointment.** Dab a thin layer of plain petrolatum (Vaseline) or Aquaphor over the wound. This keeps it moist and promotes better, faster healing. Avoid antibiotic ointment (Neosporin/triple antibiotic) unless specifically directed — it commonly causes contact allergy.
3. **Cover with a bandage.** Use a non-stick pad or adhesive bandage. Change daily, or whenever wet or soiled.
4. **Repeat until healed.** Shave biopsy sites typically heal in 1–3 weeks. Punch biopsy sites with sutures typically heal in 1–2 weeks.

Activity & Precautions

You may: shower normally (pat dry gently), continue most daily activities, apply gentle pressure for minor oozing.

Avoid: submerging in pools, hot tubs, or ocean; picking or scratching; vigorous activity that stretches the site; sun exposure directly on the wound; makeup or skincare products over the site.

Call Us If You Notice Any of the Following

- Increasing redness, warmth, or swelling
- Yellow or green discharge / pus
- Red streaking spreading from the wound
- Fever $\geq 101^{\circ}\text{F}$
- Bleeding that does not stop with 10–15 minutes of firm pressure
- Wound edges separating

Scarring

A small scar is expected and will fade over 3–12 months. Once fully healed, **apply SPF 30+ sunscreen daily** to minimize discoloration.